

OCTOBER MENU

monday	tuesday	wednesday	thursday	friday	saturday	sunday
○	○	○	1	2	3	4
5 Slow-Cooker Pork Roast w/ apples, carrots and rosemary	6 Cuban Sliders Steamed broccoli	7 Enchiladas Salad w/ avocado ranch dressing	8 Leftovers peanut butter bars	9 Ham & Cheese Quiche Fruit	10 Tailgate Party: Apple-Cheddar Burgers Potato Skins Apple cider sangria	11 Whole Roast Chicken Parmesan Brussels sprouts Salad
12 Slow-Cooker Beef Stew w/ mashed potatoes	13 Stromboli Salad	14 Smashed burgers green beans	15 Leftovers apple crisp	16 Black Bean breakfast burritos Fruit	17 Homemade Pizza Caesar Salad	18 Sausage & Corn Chowder Salad
19 Lemon Garlic Chicken over-roasted veggies bread	20 Taco Lettuce cups Drunken beans	21 Chicken Terrazzini Salad	22 Leftovers Butterscotch mini cupcakes	23 Grillades & Grits Fruit	24 Tailgate Party: Bacon beer cheese soup breadsticks Cowboy Carver	25 Pumpkin & Sausage Ravioli Roasted Artichokes
26 Balsamic Chicken & Veggies Bread	27 Pimento Grilled Cheese & Roasted Red Pepper Soup	28 Taco Soup	29 Leftovers Pumpkin pull-apart bread	30 Rosemary garlic butter steak baked sweet potato broccoli	31 Creamy Chicken Noodle Soup breadsticks	○